BUSINESS SERVICES VIRTUAL ROUNDTABLE



A proud partner of the American **Job**Center network

Getting Wasted at Work

Wednesday, May 1, 2024

2:30-4:00 pm

Zoom Meeting

Free Admission

Registration Required



DAVID BERRY

THE MISSION OF WINTER HAVEN

JOIN THIS WEBINAR TO:

Explore the 9 types of burn out

🛵 Identify stress triggers and signs of burn out

🚜 What to do and when to seek help

Bonus: Worth 1.5 SHRM & HRCI credits

Visit <u>cspolk.info/employerevents</u> to register today!

As you develop yourself, you develop your organization. An increase in knowledge and skills typically leads to innovation, idea exchange, and process implementation though concerted collaboration.

Hire. Train. Motivate. Retain.

CareerSource Polk is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. All voice telephone numbers on this document may be reached by persons using TDD/TYY equipment via the Florida Relay Service at 711. For program funding details in compliance with the Stevens Amendment, please visit cspolk.info/funding.